Self Control Reverse Code

SCALE = ["1: Not at all", "2", "3", "4", "5: Very Much"];

sc\_1 = "I am good at resisting temptation."

sc\_2 = "I have a hard time breaking bad habits." //reversed

sc\_3 = "I am lazy." //reversed

sc\_4 = "I say inappropriate things." //reversed

sc\_5 = 'I do certain things that are bad for me, if they are fun.' //reversed

sc\_6 = 'I refuse things that are bad for me.'

sc\_7 = "I wish I had more self-discipline." //reversed

sc\_8 = "People would say that I have iron self-discipline."

sc\_9 = "Pleasure and fun sometimes keep me from getting work done." //reversed

sc\_10 = "I have trouble concentrating." //reversed

sc\_11 = 'I am able to work effectively toward long-term goals.'

sc\_12 = "Sometimes I can't stop myself from doing something, even if I know it is wrong." //reversed

sc\_13 = "I often act without thinking through all the alternatives." //reversed